

Alcohol and Other Drugs Resources

The resources on this page offer the tools and support needed to make informed decisions that can support your well-being and success at Brown. The topics on this page include managing substance use, being substance free, preventing health risks, and responding to emergencies.

Note: Underlined resources on this page are all clickable links

University Resources

Brown Emergency Medical Services

401-863-4111

Emergency medical care available 24 hours a day, 7 days a week.

Counseling and Psychological Services (CAPS)

401-863-3476

Offers a range of mental health treatment and prevention services for Brown students through appointments and 24-hour on-call services.

BWell Health Promotion

401-863-2794

Provides individual confidential appointments to reduce harm, prevent relapse or connect with additional resources.

Student Support Services

401-863-3145

Supports students experiencing a wide range of issues while at Brown. 24 hour on-call system, as well as a Dean of the Day.

Health Services

401-863-3953

Offers visits for urgent and routine care, 24/7 nursing advice and on-site lab, pharmacy and X-ray services.

TimelyCare

A teletherapy service offering remote counseling with mental health providers licensed throughout the country.

Community Resources

Alcoholics Anonymous

Narcotics Anonymous

Marijuana Anonymous

Butler Hospital

<u>SAMHSA</u>

ZenCare

US Department of Health and Human Services

Prevent Overdose RI:

Offers resources on preventing overdose for a variety of audiences.

Project Weber Renew:

Offers individuals in Rhode Island free_needle exchange, fentanyl test strips, peer-led recovery support, Narcan/naloxone to reverse opioid overdoses, safer sex supplies, and more.

Want to learn more about Orientation?

Visit orientation.brown.edu

Substance Free Resources

The Dean for Recovery and Substance Free Students

Provides comprehensive academic and social support in a nonclinical setting for Brown students, faculty and staff who are in recovery or who identify as substance-free for any reason.

The Donovan Program for Recovery & Substance-Free Student Initiatives

The Donovan Program supports students who are in recovery or who are substance-free for any reason through anti-stigma advocacy, inclusive programming, and holistic support structures.

Substance-Free Program House, 219 Bowen Street

The house is a 17-bed community for students who are committed to a substance-free lifestyle and who identify as substance-free.

On-Campus Recovery Groups & Substance-Free Student Groups

These groups provide safe, confidential spaces for students to discuss recovery, substance use and college life at Brown.

Additional University Resources

Sexual Assault Response Line 401-863-6000

<u>Urgent non-emergencies (Administrator On Call)</u> 401-863-3322

Department of Public Safety (DPS) 401-863-4111

Trainings on Campus

Brown EMS CPR/First Aid Training

Overdose Education and Prevention Training

Learn how to prevent an overdose by using naloxone (Narcan), an over-the-counter medicine that can reverse an opioid overdose, or fentanyl test strips, which can detect fentanyl in substances.

Understanding BAC

BAC Calculator

Your Blood Alcohol Concentration (BAC) affects how alcohol impacts your body and decision-making. Knowing your BAC can help you make safer choices.

Estimate your BAC with this calculator from alcohol.org.